

# Stephanie Shrum

## Summary of Massage Education

<b>Blue Cliff School of Therapeutic Massage, Diploma,</b> July 1997 - Aug 1998	<b>600 Hours</b>
<b>Blue Cliff School of Therapeutic Massage, Healing Touch Level II-A,</b> June 1998	<b>20 Hours</b>
<b>The Upledger Institute, CranioSacral Therapy Level I,</b> March 1999	<b>24 Hours</b>
<b>Parker College of Chiropractic, Myofacial Therapy,</b> July 1999	<b>12 Hours</b>
<b>The Upledger Institute, CranioSacral Therapy Level II,</b> August 1999	<b>24 Hours</b>
<b>Banktauk Traditional Hospital, Traditional Thai Massage,</b> December 1999	<b>60 Hours</b>
<b>Kathmandu Reiki Center, First Degree Reiki,</b> January 2000	<b>12 Hours</b>
<b>Blue Cliff School of Massage, Ko bi do, Japanese Facial Massage,</b> June 2000	<b>25 Hours</b>
<b>Blue Cliff School of Massage, Anma, The Art of Japanese Massage,</b> Sept 2000	<b>23 Hours</b>
<b>Maruti Seidman, Polarity Balancing,</b> June 2001	<b>12 Hours</b>
<b>Maruti Seidman, Polarity Balancing (the Gentle Art of Hand on Healing),</b> March 2002	<b>12 Hours</b>
<b>Institute for Advanced Therapeutics, Ethics for the Massage Therapist &amp; Bodyworker</b>	<b>3 Hours</b>
<b>Maruti Seidman, Polarity Balancing (the Gentle Art of Hand on Healing),</b> June 2002	<b>12 Hours</b>
<b>International Training Massage, Levels I-V &amp; Teacher Training,</b> Dec 2002- Jan 2003	<b>180 Hours</b>
<b>The Sunshine Network, Traditional Thai Yoga Massage,</b> Dec 2002 – Jan 2003	<b>90 Hours</b>
<b>The Sunshine Network, Thai Massage meets Osteopathy,</b> Jan 2003	<b>60 Hours</b>
<b>AOBTA, Creative Arts to Promote Spiritual Development &amp; Professional Growth,</b> 9/03	<b>12 Hours</b>
<b>The Upledger Institute, Visceral Manipulation IA Workshop,</b> November 2003	<b>24 Hours</b>
<b>Ayurvedic Rejuvenation Centre, Ayurvedic Massage Course,</b> June 2004	<b>14 Hours</b>
<b>Mr. Dhondup in Meeleodganj, India, Tibetan Massage (no cert.),</b> July 2004	<b>14 Hours</b>
<b>Blue Cliff College, Experiential Anatomy,</b> November 2004	<b>12 Hours</b>
<b>Thai Massage School of Chiang Mai, Thai Foot Reflexology,</b> February 2005	<b>12 Hours</b>
<b>The Sunshine Network, Traditional Thai Yoga Massage,</b> February 2005	<b>90 Hours</b>
<b>Sunshine Massage School, Advanced Traditional Thai Yoga Massage,</b> March 2005	<b>30 Hours</b>
<b>Master Pichet Boonthum, Chiang Mai, Thailand, Thai Massage (no cert.),</b> April 2005	<b>60 Hours</b>
<b>The Sunshine Network, Advanced Thai Massage meet Osteopathy,</b> May – June 2005	<b>60Hours</b>
<b>The Upledger Institute, CranioSacral Therapy Level I,</b> July 2005	<b>24 Hours</b>
<b>Sunshine Massage School, Traditional Thai Yoga Massage – Side Position,</b> Jan. 2006	<b>30 Hours</b>
<b>Esalen Institute, Spinal Awareness,</b> June – July, 2006	<b>40 Hours</b>
<b>The Upledger Institute, Lymph Drainage Therapy I,</b> Oct 2006	<b>24 Hours</b>
<b>Esalen Institute, Advanced Esalen Massage,</b> Jan 2007	<b>10 Hours</b>
<b>Oregon School of Massage, Kinesiology - Upper Body,</b> July - Sept 2007	<b>30 Hours</b>
<b>Oregon School of Massage, Kinesiology - Lower Body,</b> July - Sept 2007	<b>30 Hours</b>
<b>Felix Roth, Motion Massage,</b> Dec 2007	<b>12 Hours</b>
<b>Naga Center, Thai Massage for Pregnancy,</b> July 2008	<b>16 Hours</b>
<b>Breitenbush Hotsprings, Introduction to Watsu “Hot Tub Style,”</b> - May 2009	<b>12 Hours</b>
<b>Mary Seamster, Watsu I,</b> - June 2009	<b>50 Hours</b>
<b>SOM Therapy, Advanced Studies in Massage Application &amp; Related Sciences</b> - Oct 09	<b>12 Hours</b>
<b>CELMT, ETHICS: Standards of Practice - Roles and Boundaries</b> - Oct 2010	<b>3 Hours</b>
<b>SOM Therapy, Case Studies in Massage Therapy-</b> Oct 2010	<b>12 Hours</b>
<b>Todd Jackson, BioDynamic CranioSacral Therapy</b> - Oct 2011	<b>30 Hours</b>
<b>Rex Hold, Rolfer, Arms, Hands &amp; Shoulder Girdle</b> -	<b>8 Hours</b>
<b>Total Massage &amp; Bodywork Training Hours:</b>	<b>1840 Hours</b>

### Upcoming Certifications:

**Carole Osborne , Prenatal & Perinatal Massage Therapy Training Course - Aug 2014** **32 Hours**